

SMACK Swedish Paracycling Cup 2018

Race PM

SMACK Swedish Paracycling Cup Stockholm, Sweden 2018-09-08 – 09

UCI C1 Competition

SMACK, Sigtuna Märsta Arlanda Cykelklubb welcomes everyone to SMACK Swedish Paracycling Cup in Odensala and Arlanda north of Stockholm, close to the Arlanda International Airport.

The event is organized with permissions from UCI and is a part of the European Paracycling Cup.

This Race PM clarifies and gives detailed information about the races, times and schedules.

Note! The information in this Race PM overrides any previous information in the Invitation.





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Race facts

Competition venues

Friday and Saturday

Odensala skola
Herresta, Odensala
195 92 Märsta
59°39'54.0"N 17°50'50.3"E /
59.665000, 17.847306

Saturday

Arlandastad Testtrack 2
Starrmossen 140
195 95 Rosersberg
59°36'48.3"N 17°55'16.0"E
59.613411, 17.921104

The competition will be organized with Time Trial on Saturday 8 September and Road Race on Sunday 9 September.

Registration and Race meeting will take place at Odensala skola on Friday. Registration between 5 pm and 7 pm. The Race meeting will be held at 7:15 pm.

Note! There will not be any Team Relay competition on Sunday due to too few participants.

Late Sign up

Late sign up will be accepted on site at Odensala skola before the Race meeting Friday evening 7 September. Late sign up cost 25€ / 250 SEK extra.

Race Manager

Håkan Johnsson, Sigtuna Märsta Arlanda Cykelklubb, SMACK.

Race Jury

Paul Watson, UCI International Paracycling Commissaire.
Bo Lövstrand, Swedish National Commissaire.
Magnus Östberg, Swedish National Commissaire.

Medical service

Sigtuna Civilförsvarsörening.

Rules

The competition will be held under UCI Paracycling rules.

UCI Points

According to the UCI rules for a C1 competition.

Point of contact

Håkan Johnsson, hakan@smack.se

Race homepage

www.smack.se/smack-swedish-paracycling-cup.



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Important information:

- Registration and Race meeting on Friday is mandatory for all athletes and team managers.
- Due to weak mobile net coverage at Odensala there will be no possibility to pay by card. Make sure you have cash in SEK for transponder deposit and starting fee payment.
- All bikes will be checked before the races, make sure you are at the start for Bike check at least 15 minutes before your start time. Pre-check can be made earlier during the day.
- Helmet colours must be worn according to class as stated in the UCI Paracycling rules.
- The same race numbers shall be used both race days. The large number must be placed at the lower back, the small number is only to be used at the Road Race and must be placed on the right side for the photofinish.
- No following cars are allowed at the races, not the Time Trial nor the Road Race.
- The Road Races on Sunday will have four joint starting groups, one for each bike type. Men and women will start together and race the same distance. The result list will be divided in result lists for each category regardless of the joint starting group.
- Laps and time are counted for all athletes at the road race. When the leader in the starting group has crossed the finish line at the full distance the race is finished for all athletes in the starting group at the next passing of the finish line, regardless of number of laps done.
- Technical zone at the Road Race is placed just before the finish line and marked by signs "Teknisk zon Start" and "Teknisk zon Slut". Service is only allowed in the technical zone.
- Littering is forbidden at the races. Any litter shall be kept in pockets until the race is finished or disposed of in the Litter zone marked by signs "Skräpzon Start" and "Skräpzon Slut".
- At the Road Race athletes are checked in by the Start manager according to the starting list. The starting list does not need to be signed.
- There are no showers at the Road Race track on Sunday but at a sport centre at 3,5 km distance. Follow signs marked "Omlädnig och Dusch". There are however toilets at the Road Race track so change of clothes is possible before and after the race.
- The water at the Road Race track is taken from a local well. We recommend to fill your bottles before you go to the track.
- Cafeteria serving coffee, tea, soft drinks, coffee bread, hamburgers, Belgian waffles, fruit etc. is available at the races both Saturday and Sunday. Cash payment only.



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Schedule

Friday

Registration and Race meeting at Odensala skola, mandatory for all athletes and team managers.

Registration 5 pm – 7 pm:

- Valid license card must be presented by all participants, including Pilots. Licenses will be checked against the UCI license register.
- Fulfilled payment of the starting fee will be checked. Participants who have not yet paid the starting fee must do this on site to be able to participate in the races.
- Race numbers to be picked up by all participants. The same race number is used both days.
- Transponders to be picked up by all participants who does not have their own Mylaps Prochip transponder.
- A deposit fee of 50€ / 500 SEK per transponder, max 200€ or 2000 SEK for each team must be paid. The deposit fee will be given back when the transponders are returned after the competition.
- Participants having their own Mylaps Prochip transponders must present their Chip-ID.

Race meeting 7:15 pm:

- Information about the races and schedule will be given by the Race organization and the commissionaires. Questions will be answered.

There will be an opportunity for athletes to try the time trial course between approximately 5:30 pm and 7 pm. The track will be marked by signs and maps will be handed out, but the track will not be free from traffic so normal traffic rules must be obeyed.

Saturday

2 pm -4 pm Time trial at Odensala. Race distances 15 or 30 km according to class.
Starting order and distance according to the start list.

There will not be any possibility to try or to warm up on the Time Trial track on Saturday due to the national Time Trial event taking place on the track during the day. Instead warm up can be done on other roads nearby.

After the Time Trial the results will be presented but there will be no Medal ceremony. Instead there will be a final Medal ceremony for the whole competition after the Road races on Sunday.

Sunday

9 am -3 pm Road races at Arlandastad Testtrack 2. Race distances 57,6 – 28,8 km
according to class. Starting order and distance according to the start list.

During the day Medal ceremonies after each starting group.

The Road Race track will be available to try early Sunday morning between 8 am and 8:45 am before the race starts.

During the day there will only be a short possibility to try the track one or two laps after each starting group. However not before the athletes own starting group as all athletes must be at the starting line at least 15 minutes before start in their own starting group.

Warm up on the race track is not allowed. Warm up can instead be done on the short Warm up track on the area, please see signs.



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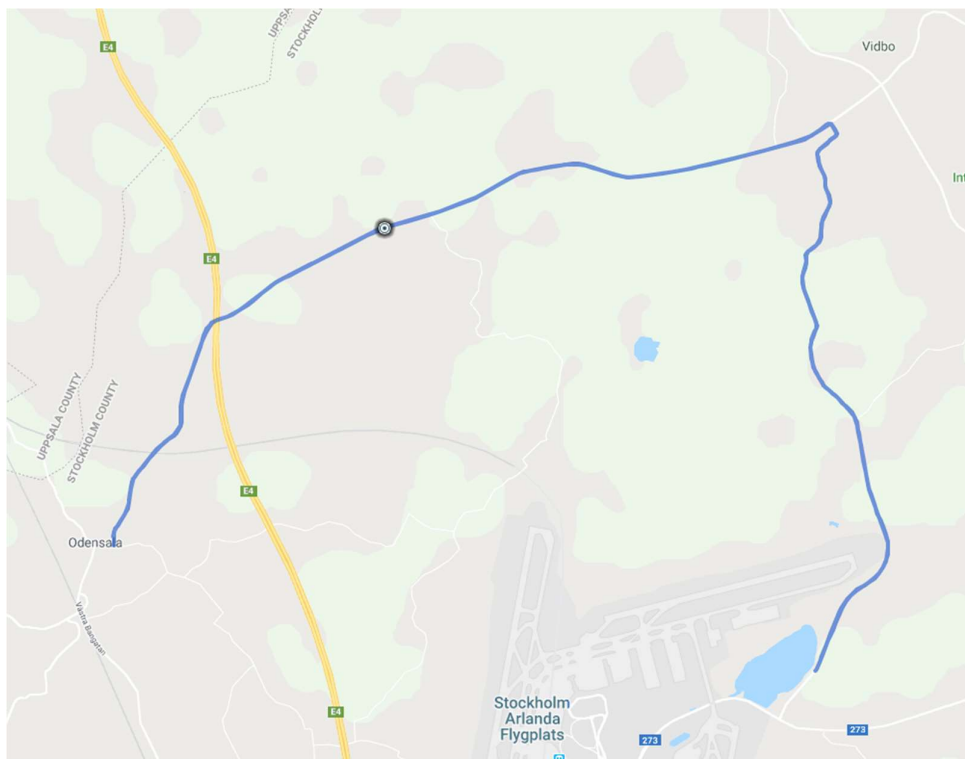
Race Tracks

Time trial

The 30 km Time trial track starts at Odensala church, passes Åsby, has its turning point at Sjöås handel heading back to Odensala church. The first part of the track is slightly hilly but the second part has two higher hills to climb before turning back.

Be careful at the right/left turn at Åsby where cyclists meet at a bend and junction. It is very important to slow down and keep on your side of the road to avoid collision with meeting riders.

The 15 km Time trial track also starts at Odensala church having the turning point at Veda half way on the longer track, at 7,5 km. The first part of the track is slightly hilly and has got one major ascent with the turning point at the top.





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Road race

The Road race track has a 2.4 km lap and is situated on a test and education track for cars. It is completely closed for traffic.

The track is quite flat but technical with bends, three hairpins and a 400 meter long finish straight. The track has a really nice and smooth tarmac.

