



Updated 2022-04-15

Invitation and Technical guide

SMACK Paracycle Road Race Arlanda, Stockholm, Sweden 2022-04-30



UCI C1 Competition

UCI's conclusion of 2019 year's race:

"Although only their second year of promotion the organizers are very enthusiastic and put on an excellent event - which is very safe and enjoyed by all competitors."

SMACK, Sigtuna Märsta Arlanda CK welcomes all paracyclists to

SMACK Paracycle Road Race Saturday 30 April

On Arlandastad Testtrack 2, close to Arlanda International Airport.

The event is organized with permissions from UCI and is a part of the European Paracycling Cup.

Note: There are no pandemic restrictions left in Sweden since 2022-02-09. However, Pandemic measures will be taken for the race based on the UCI Covid Protocol, see <u>Pandemic measures SMACK Paracycle Road Race 2022.</u>

We also urge all participants to follow the recommendations. See www.uci.org.

Note: This Invitation relates only to the Road Race Saturday 30 April.
Invitation for the Time Trial Sunday 1 May can be found on:

https://www.fredrikshof.se/vara-lopp/paracycling-time-trial-uci-c1/











Race facts

Organizer SMACK, Sigtuna Märsta Arlanda Cykelklubb

Date 2022-04-30

Competition venue Arlandastad Testtrack 2

Starrmossen 140 195 95 Rosersberg

59°36'48.3"N 17°55'16.0"E 59.613411, 17.921104

Classes WC1-WC5, WH1-WH5, WT1-WT2, WB,

MC1-MC5, MH1-MH5, MT1-MT2, MB.

Race distances According to UCI regulations, information on following pages.

Sign up date 2022-04-24 at the latest, see sign up information below.

Late sign up possible on site at the race track Saturday morning 30 April one hour before the start of the class, at the

latest.

Registration fee 25 € or 250 SEK to be transferred to:

Bank name: Nordea

Beneficiary: SMACK, Sigtuna Märsta Arlanda CK

IBAN: SE88 9500 0099 6034 0066 9242

BIC: NDEASESS

Or paid by card or cash at the registration 30 April.

Swedish participants can pay to SMACKs PG 6 69 24-2.

Registration Registration will take place on the race track before 11 am

Saturday morning 30 April.

Rules The competition will be held under the UCI rules.

UCI Points According to the UCI rules for a C1 competition.

Race Director Håkan Johnsson, SMACK, Sigtuna Märsta Arlanda Cykelklubb.

Commissaires UCI International Commissaire: Michael Anderson, Sweden.

National Commissaries: Henrik Ehrin and Milla Jonsson.

Medical service Eventa Sjukvård AB.

Points of contact Michael Lindgren, michael.lindgren@scf.se, +46 (0)70 370 85 07

Håkan Johnsson, hakan@smack.se, +46 (0)70 355 50 85

Race homepage http://www.smack.se/smack-paracycle-road-race

Sign up

Sign up for the race by filling in the form on: http://www.smack.se/swedish-paracycle-weekend-race-sign-up/

All Race participants, including Pilots must sign up. However, the fee is only paid for the Race participant. All signed up participants can be seen on the Sign up page.

Sign up deadline 2022-04-24. Late Sign up will be accepted on site at the Race track Sunday morning 2022-04-30. Late sign up cost 25 € or 250 SEK extra.

Swedish competitors are also requested to sign up using the form as described above.

Sigtuna Märsta Arlanda CK	Homepage www.smack.se
c/o Klövvik	e-mail info@smack.se
Bryggerivägen 1C 194 39 Upplands Väsby	Postgiro 6 69 24-2







Time schedule

Saturday

9:00 – 11:00 Registration, license control and pick-up of start numbers and transponders

at the Race track, at least one hour before the start of the class.

9:00 – 11:45 Training on the Race track Arlandastad Testtrack 2 before the race starts.

11:00 Race meeting in for the Race weekend, the Road race and Time trial.

Riders only participating in the Time trial will be given information before the

Time trial at the Odensala track on Sunday.

12:00-18:00 Road races, Arlandastad Testtrack 2. Race distances 57,6 – 28,8 km

according to class.

During the day Medal ceremonies after each block of races, announced in the Race schema.

Start numbers and Transponders

Start numbers and transponders need to be picked up at the Race track on Saturday between 9:00 and 11:00, at least one hour before the start of the class.

Swedish participants can use their own Mylaps Prochip transponders. International participants having their own Mylaps Prochip transponders can also user theirs. The transponder ID must then be entered in the sign up form.

International participants without Mylaps prochip transponders need to pick up a transponder and pay a deposit fee: 50€ / 500 SEK per transponder. Max 200€ or 2000 SEK for each team.

The deposit fee will be given back when the transponders are returned after the competition.

Race distances

Class Women	Distance Women
WB	24 laps, 57.6 km
WC1	18 laps, 43.2 km
WC2	18 laps, 43.2 km
WC3	18 laps, 43.2 km
WC4	18 laps, 43.2 km
WC5	18 laps, 43.2 km
WH1	12 laps, 28.8 km
WH2	12 laps, 28.8 km
WH3	12 laps, 28.8 km
WH4	18 laps, 43.2 km
WH5	18 laps, 43.2 km
WT1	12 laps, 28.8 km
WT2	12 laps, 28.8 km

Class Men	Distance Men
MB	24 laps, 57.6 km
MC1	18 laps, 43.2 km
MC2	18 laps, 43.2 km
MC3	18 laps, 43.2 km
MC4	24 laps, 57.6 km
MC5	24 laps, 57.6 km
MH1	12 laps, 28.8 km
MH2	12 laps, 28.8 km
MH3	18 laps, 43.2 km
MH4	18 laps, 43.2 km
MH5	18 laps, 43.2 km
MT1	12 laps, 28.8 km
MT2	12 laps, 28.8 km

Actual race distances, starting groups and starting order will be announced closer to the event.

Sigtuna Märsta Arlanda CK	Homepage www.smack.se
c/o Klövvik	e-mail info@smack.se
Bryggerivägen 1C 194 39 Upplands Väsby	Postgiro 6 69 24-2





Paracykel

SMACK Paracycle Road Race 2022

Race Track

Road race

The Road race track has a 2.4 km lap and is situated on a test and education track for cars. It is completely closed for traffic.

The track is quite flat but technical with bends, three hairpins and a 400 meter long finish straight. The track has a really nice and smooth tarmac.









	ROUTE STATISTICS		
Distance	2.381 km	Total Ascent/Descent	26 m / 28 m
Lowest Point 🥖	29 m (at 1.71 km)	Highest Point 🥒	54 m (at 0.45 km)
Uphill	0.90 km (37.8%)	Downhill	0.90 km (37.8%)
Flat	0.54 km (22.7%)	Height Gain	25 m
Steepest Uphill 🥒	+7.8% (at 0.27 km)	Steepest Downhill 🥒	-7.8% (at 0.45 km)
Longest Uphill 🥒	0.36 km (at 0.09 km)	Longest Downhill 🥒	0.72 km (at 0.99 km)







Results and UCI points awarded

The finishing position it the race is the result that the UCI points reward will be based on.

UCI Ranking	UCI C1 points
1	30
2	26
3	22
4	18
5	16
6	14
7	12
8	10
9	8
10	6

Accommodation

The Scandic Upplands Väsby Hotel is recommended for teams and athletes. It is situated 14 km south of the Race track.

SCANDIC UPPLANDS VÄSBY Hotellvägen 1 194 35 Upplands Väsby Email upplandsvasby@scandichotels.com Telephone +46 8 517 355 00

Web: www.scandichotels.se/hotell/sverige/stockholm/scandic-upplands-vasby

We have arranged a discount price at Scandic Upplands Väsby of 900 SEK for a single room and 1.000 SEK for a double room per night including breakfast buffé and free WiFi. The discount price is valid for stays between 29/4-1/5 2022.

Please book your stay through Scandic Website, www.scandichotels.com using booking code BPAR290422

Guest will need to guarantee their room to a credit card, and payment will be in connection to the stay.

Last day for booking is 29/3-2022.

The reservation can be changed or cancelled until 29/4-22 6PM. F amendends/cancellations made after 6PM, a full charge of all night may apply.

All guests will receive an individual confirmation of their reservation.

Or if other accommodation is wanted, contact Sigtuna Turistbyrå, Destination Sigtuna for information about other hotels in the Arlanda area:

Email info@destinationsigtuna.se

Telephone +46 8 594 806 50

